Caring for the Caregiver - Rev. Dr. Darrell Zimmerman
Wednesday, 5/27, 2020 at 2:00pm EDT/1:00pm CDT

"Ministry is great, but incredibly hard. The ministry life can be hard on a church worker's spiritual/devotional life, it can be hard on family life and friendships, and the overwhelming nature of the task can drive people right out of the ministry. To ensure a joy-filled life in ministry, it's every church leader’s first task to tend to their own wellbeing (spiritual, relational, vocational, etc.) before caring for others. This webinar will identify how the Covid-19 crisis has compounded the stress of ministry and will offer a simple pattern for daily self-assessment with guidance on how to practice the disciplines of self-care." Rev. Dr. Darrell Zimmerman served 30 years as a parish pastor and for the past eight years has led Grace Place Wellness programming across the synod and worldwide.

A 60-minute webinar followed by a time for Q & A, click here to participate: https://us02web.zoom.us/j/86207411320?pwd=a3hWT0NyK29MMlhITWIiZnVvRnVXUT09

Ministry in Calamity: Realities, Temptations & Resources for Pastors - Dr. Beverly Yahnke
Tuesday, 6/2 at 1:00pm EDT/12:00pm CDT

Pastors will examine the very real impact of ministry’s personal/professional demands and challenges throughout these COVID-19 weeks. This interactive Zoom video will invite strategic thinking about pastors’ responses to stress and fatigue, offering preemptive and palliative tools that pastors can use with confidence personally, as well as insights and encouragements that they can share with those for whom they provide care. Dr. Yahnke is a licensed clinical psychologist who has provided consultation to District Presidents, pastors, principals, teachers and congregations for over three decades. She is known throughout the church as a compassionate counselor, articulate speaker, and engaging teacher. Since 2008, she has served Executive Director for Christian Counsel for the Spiritual Care program DOXOLOGY.

A 60-minute webinar with Q & A, click here to participate: https://us02web.zoom.us/j/83792600071?pwd=MkdTSnN5d2tvWFZiYkJZWFNMkQzZz09

CARING FOR NEIGHBORS—FROM A DISTANCE:
How Churches Support the Community Throughout a Pandemic
Joy Skjegstad and Heidi Unruh
Wednesday, 6/10 at 4:00pm EDT/3:00pm CDT

What does it mean to “love your neighbor” in the midst of the pandemic and its ongoing impact? Congregations are working on new ways of being together during social distancing. But what about safe, innovative ways to respond to needs, both old and new, in your community? This online workshop offers practical suggestions for how your congregation can care for people in the community when you literally can’t be close to them. You can use these ideas in caring for your own members as well. Joy Skjegstad and Heidi Unruh are authors and speakers who provide training, consulting and coaching together to help congregations develop effective community engagement strategies.

A 60-minute webinar followed by a time of Q & A, click here to participate: https://us02web.zoom.us/j/81654281530?pwd=cUNjJuVoSTIv6K0pZ0cUNNREfHRXfJUT09